

CLARK COUNTY YOUTH RISK BEHAVIOR SURVEY

2023 County-Wide High School Results



APRIL 5, 2024

CLARK COUNTY COMBINED HEALTH DISTRICT 529 East Home Road, Springfield, Ohio 45503

Clark County Youth Risk Behavior Survey (YRBS) 2023

County-wide High School Results

Version 1.1

Introduction

The Youth Risk Behavior Survey (YRBS) is a survey that monitors health risk behaviors that contribute to the leading causes of death and disability among 9th-12th grade students. Topics include behaviors that contribute to unintentional injuries and violence, sexual behaviors, alcohol and drug use, tobacco use, dietary behaviors, physical activity, and the prevalence of obesity.

This report describes county-wide results of the High School YRBS that was administered in September 2023 by the Clark County Combined Health District in collaboration with each individual school district and school.

Methods

A census was conducted on youth risk behavior with 3,824 students across 13 high schools in Clark County:

Participating Schools				
Catholic Central Sr. High School	Northwestern High School			
Springfield-Clark Career Technology Center	School of Innovation			
Global Impact Stem Academy (9-12)	Shawnee High School			
Greenon High School	Southeastern Sr. High School			
Kenton Ridge High School	Springfield High School			
Nightingale Montessori (9-12)	Tecumseh High School			
Northeastern High School				

The survey was split into categories, including driving habits, violence and weapon carrying, sexual violence, bullying, depression and suicide, tobacco, alcohol, marijuana, drugs, sexual behavior, body weight, dietary behavior, physical activity, and miscellaneous topics.

The data collection method in this survey was a census of all the schools listed in the Participating Schools list. Use caution when comparing results of this report to results of 2019 and earlier survey results because of differences in survey and analysis methodology.

All incomplete or invalid responses were removed. The body mass index (BMI) for each student was calculated and values that were biologically implausible, as recommended by the CDC, were removed. Survey answers that were logically inconsistent with one another were also removed.

Demographic variables, including age, sex, race, ethnicity, grade, sexual orientation and gender identity, were reported. The percentage (%) and 95% confidence interval were also reported for each question. Additionally, each response was analyzed by sex and race.

The overall response rate for the county-wide high schools was 64.27%. The cutoff for a representative response rate was 60%, therefore this is considered a representative portion of the population.

Key Findings:

Body Mass Index (BMI)

40.1% of students were overweight or obese.

Behavioral Data

Driving Habits:

14.0% of students rode in a car driven by someone who had been drinking alcohol in the past 30 days.

Violence and Weapon Carrying:

- 19.0% of students were involved in a physical fight during the past 12 months.
 - 63.6% of those students were male.
- 25.0% of students would be able to able to get a loaded gun without a parent or other adult's permission and be ready to fire within 10 minutes.
 - o 66.7% of those students were male.

Bullying:

- 21.0% of students were bullied on school property during the past 12 months.
- 25.0% of students have felt treated unfairly in school because of their race or ethnicity.

Depression, Suicide and Mental Health:

- 18.0% of students have seriously considered attempting suicide in the past 12 months.
 - o 62.2% of those students were female.
- 27.0% of students reported that their mental health was not good at least most of the time during the past 30
- 36.0% of students felt sad or hopeless for two weeks in a row or more during the past 12 months.
- 42.0% of students have rarely or never had a caring adult to go to about their feelings.

Tobacco:

- 16.0% of students have tried smoking a cigarette.
- 28.0% of students have tried an electronic vapor product.
- 13.0% of students have smoked an electronic vapor product in the past 30 days.

Alcohol:

- 39.0% of students have had at least one drink of alcohol 1 day or more in their life.
- 15.0% of students have had a drink of alcohol before the age of 13.

Marijuana:

- 24.0% of students have used marijuana at least once in their life.
- 13.0% of students have used marijuana in the past 30 days.

Drugs:

10.0% of students have taken non-prescribed pain medication or misused it at least once in their life.

Sexual Behavior:

- 28.0% of students have had sexual intercourse.
- 16.0% of students used a condom when they last had sex.

Body Weight:

• 35.0% of students self-describe as slightly or very overweight.

Physical Activity:

15.0% of students have had a concussion at least once in the past 12 months from playing a sport or being physically active.

Other Topics:

- 78.0% of students use social media several times a day or more often.
- 9.2% of students have at least sometimes gone hungry in the past 30 days because there was not enough food in their home.
- 28.0% of students have lived with a parent or guardian who was having a problem with alcohol or drug use.
- 12.0% of students rarely or never felt safe and secure in their neighborhood.
- 16.0% of students have gambled in the past 12 months.
 - o 74.3% of those students were male.

Results

Population Demographics

1 opulation Demographics		% of Overall	Who Are:
Categories	Overall %	Female	Male
Age of Students			
12 years or younger	0.1%	60.0%	40.0%
13 years	0.3%	54.5%	45.5%
14 years	20.1%	51.1%	48.9%
15 years	25.7%	49.1%	50.9%
16 years	28.3%	47.7%	52.3%
17 years	20.2%	45.4%	54.6%
18 years or older	4.9%	41.0%	59.0%
NA or did not answer	0.4%	100.0%	0.0%
Grade			
9th grade	28.3%	49.8%	50.2%
10th grade	24.7%	47.8%	52.2%
11th grade	27.5%	46.8%	53.2%
12th grade	18.8%	47.6%	52.4%
Ungraded or other	0.4%	38.5%	61.5%
NA or did not answer	0.4%	50.0%	50.0%
Hispanic or Latino			
Yes	10.9%	47.9%	52.1%
No	87.5%	53.2%	46.8%
NA or did not answer	1.6%	53.2%	46.8%
Race			
Multi-race	10.7%	46.1%	53.9%
American Indian or Alaska Native	1.6%	39.0%	61.0%
Asian	0.7%	44.0%	56.0%
Black or African American	10.7%	51.5%	48.5%
Native Hawaiian or Other Pacific Islander	0.5%	33.3%	66.7%
White	71.8%	47.9%	52.1%

		% of Overall	Who Are:
Categories	Overall %	Female	Male
NA or did not answer	4.0%	51.1%	48.9%
Sex			
Female	47.4%	-	-
Male	51.4%	-	-
NA or did not answer	1.2%	-	-
Sexual Orientation			
Heterosexual	71.1%	40.9%	59.1%
Gay or Lesbian	4.3%	61.5%	38.5%
Bisexual	11.7%	79.0%	21.0%
Not Sure (Questioning)	3.2%	66.7%	33.3%
I describe my sexual identity in some other way	3.7%	68.3%	31.7%
I do not know what this question is asking	4.0%	39.9%	60.1%
NA or did not answer	2.2%	42.0%	58.0%
Gender Identity			
Transgender	3.6%	63.2%	36.8%
Not Transgender	89.2%	47.7%	52.3%
Unsure if Transgender	2.3%	58.8%	41.2%
Do not know what the question is asking	3.0%	39.4%	60.6%
NA or did not answer	1.9%	31.7%	68.3%

Body Mass Index (BMI)

Weight categories are defined by BMI percentiles. Please see Appendix I for definitions of weight categories by age group and gender.

Males:

	Age						
Weight Categories	12 years and younger	13 years	14 years	15 years	16 years	17 years	18 years and older
	%	%	%	%	%	%	%
Underweight	0.0%	0.0%	2.0%	1.7%	4.4%	5.6%	14.3%
Normal	50.0%	60.0%	55.5%	54.9%	54.1%	50.2%	44.0%
Overweight	0.0%	20.0%	15.8%	20.4%	17.8%	19.3%	15.5%
Obese	50.0%	20.0%	26.7%	23.0%	23.7%	24.9%	26.2%

Females:

	Age						
Weight Categories	12 years and younger	13 years	14 years	15 years	16 years	17 years	18 years and older
	%	%	%	%	%	%	%
Underweight	0.0%	0.0%	0.4%	3.1%	1.6%	2.9%	1.7%
Normal	0.0%	100%	64.0%	58.7%	61.2%	57.9%	70.7%
Overweight	0.0%	0.0%	17.2%	20.9%	16.0%	17.9%	10.3%
Obese	0.0%	0.0%	18.4%	17.3%	21.2%	21.2%	17.2%

Overall:

Weight	Overell 0/	% of Overal	l Who Are:
Categories	Overall %	Female	Male
Underweight	3.1%	31.0%	69.0%
Normal	56.8%	51.7%	48.3%
Overweight	17.9%	47.5%	52.5%
Obese	22.2%	42.6%	57.4%

Weight	Overall %	% of Overa	ll Who Are:
Categories	Overall %	Female	Male
Overweight & Obese	40.1%	44.8%	55.2%

Behavior Data

	Overall	% of Overal	l Who Are:
Questions	% (95% confidence interval)	Female (47.4%)	Male (51.4%)
Driving Habits			
Rarely or never wore a seat belt when riding a car driven by someone else	7.7% (6.9% - 8.6%)	37.0%	63.0%
Rode in a car driven by someone who had been drinking alcohol, at least once in the past 30 days	14.0% (13.3% - 15.5%)	48.4%	51.6%
Texted or emailed while driving at least 1 day in the past 30 days	12% (11.1% - 13.2%)	45.0%	55.0%
Drove a car after they had been drinking alcohol at least 1 time in the past 30 days	2.5% (2.0% - 3.0%)	25.6%	74.4%
Violence and Weapon Carrying			
Carried a weapon (gun, knife, club) at least 1 day in the past 30 days on school property	2.8% (2.3% - 3.4%)	29.4%	70.6%
Ever seen someone get physically attacked, beaten, stabbed, or shot in their neighborhood	26.0% (24.2% - 27.0%)	43.6%	56.4%
Threatened or injured with a weapon on school property at least once in the past 12 months	6.9% (6.1% - 7.8%)	42.4%	57.6%
Carried a gun at least 1 day in the past 12 months	4.0% (3.4% – 4.7%)	22.4%	77.6%
Did not go to school because they felt unsafe at least 1 day in the past 30 days	7.1% (6.3% - 8.0%)	55.3%	44.7%
Involved in a physical fight at least once in the past 12 months	19.0% (17.9% - 20.4%)	36.4%	63.6%
Involved in a physical fight on school property at least once in the past 12 months	6.6% (5.9% - 7.5%)	32.0%	68.0%
Throughout life has at least sometimes been hit, beaten, kicked or physically hurt by an adult in the home	11% (9.7% - 11.7%)	58.6%	41.4%
Are able to get a loaded gun without a parent or adult's permission and be ready to fire within 10 minutes	25.0% (23.7% - 26.6%)	33.3%	66.7%
Sexual Violence			
Forced by anyone into doing sexual things at least once in the past 12 months	9.4% (8.5% - 10.4%)	71.1%	28.9%
Forced into having sexual intercourse	9.6% (8.7% - 10.6%)	70.9%	29.1%
Forced into doing sexual things by someone they were dating at least once in the past 12 months	7.2% (6.4% - 8.0%)	70.6%	29.4%
Physically hurt by someone they were dating at least once in the past 12 months	5.7% (5.0% - 6.5%)	56.6%	43.4%
Bullying			
Bullied on school property in the past 12 months	21.0% (20.1% - 22.8%)	58.6%	41.4%

	Overall	% of Overa	l Who Are:
Questions	% (95% confidence interval)	Female (47.4%)	Male (51.4%)
Electronically bullied in the past 12 months	17.0% (15.4% - 17.8%)	63.0%	37.0%
Have ever felt treated unfairly in school because of race or ethnicity	25.0% (24.0% - 26.9%)	49.2%	50.8%
Depression, Suicide and Mental Health			
Seriously considered attempting suicide in the past 12 months	18.0% (16.3% - 18.8%)	62.2%	37.8%
Made a plan to attempt suicide in the past 12 months	13.0% (12.1% - 14.3%)	62.7%	37.3%
Attempted suicide at least once in the past 12 months	7.0% (6.3% - 7.9%)	63.6%	36.4%
Had to be treated after a suicide attempt in the past 12 months	2.3% (1.8% - 2.9%)	65.3%	34.7%
Mental health was not good at least most of the time during the past 30 days	27.0% (25.7 – 28.6%)	65.4%	34.6%
Felt sad or hopeless for two weeks or more in a row in the past 12 months	36.0% (34.1% - 37.2%)	63.3%	36.7%
Rarely or never felt they had a caring adult to go to about their feelings	42.0% (40.1 - 43.3%)	48.4%	51.6%
Hurt themselves without wanting to kill themselves at least once in the past 12 months	19.0% (18.0% - 20.5%)	69.9%	30.1%
Tobacco and Electronic Vapor Products			
Tried smoking a cigarette	16.0% (14.6% - 16.9%)	47.3%	52.7%
Smoked a cigarette before age 13 years old	7.9% (7.1% - 8.9%)	51.6%	48.4%
Smoked cigarettes at least 1 day in the past 30 days	3.0% (2.5% - 3.7%)	38.2%	61.8%
Smoked cigarettes on at least 20 days in the past 30 days	2.0% (1.6% - 2.5%)	28.2%	71.8%
Smoked more than 10 cigarettes per day in the past 30 days	0.6% (0.4% - 0.9%)	20.0%	80.0%
Tried an electronic vapor product	28.0% (26.2% - 29.1%)	52.8%	47.2%
Smoked an electronic vapor product at least once in the past 30 days	13.0% (12.1% - 14.3%)	54.6%	45.4%
Smoked an electronic vapor product 20 or more days in the past 30 days	5.9% (5.1% -6.7%)	52.3%	47.7%
Got their electronic vapor products from a store (a vape shop, gas station, etc.) in the past 30 days	2.9% (2.2% - 3.8%)	53.3%	46.7%
Used electronic vapor products because they were feeling anxious, stressed, or depressed	7.9% (7.1% - 8.9%)	60.7%	39.3%
Used chewing tobacco, snuff, snus, etc. 1 day or more in the past 30 days	2.4% (1.9% - 3.0%)	19.%	80.9%
Smoked cigars, cigarillos, or little cigars on 1 day or more in the past 30 days	4.4% (3.8% - 5.2%)	39.4%	60.6%

	Overall	% of Overa	l Who Are:
Questions	% (95% confidence interval)	Female (47.4%)	Male (51.4%)
Tried to quit using all tobacco products in the past 12 months	22% (20.2% - 23.0%)	48.5%	51.5%
Alcohol			
Had at least one drink of alcohol 1 day or more in their life	39.0% (37.0% - 40.1%)	51.7%	48.3%
Had their first drink of alcohol before age 13 years old	15.0% (13.8% - 16.1%)	50.9%	49.1%
Had at least one drink of alcohol on at least 1 day in the past 30 days	15.0% (13.5% – 15.9%)	53.5%	46.5%
Usually got their alcohol from someone else in the past 30 days	6.0% (5.3% - 6.9%)	55.8%	44.2%
Had 5 drinks or more in row in the past 30 days	5.8% (5.1% - 6.7%)	45.2%	54.8%
Had 4 drinks or more (female) or 5 drinks or more (male) on at least 1 day in the past 30 days	8.1% (7.3% - 9.1%)	50.2%	49.8%
Marijuana			
Had used marijuana at least once in their life	24.0% (22.6% - 25.4%)	53.6%	46.4%
Tried marijuana for the first time before age 13 years old	6.9% (6.1% - 7.8%)	51.0%	49.0%
Used marijuana at least once in the past 30 days	13.0% (12.0% - 14.2%)	52.7%	47.3%
Drugs			
Used a needle to inject an illegal drug at least once	1.2% (0.9% - 1.6%)	27.3%	72.7%
Have used any form of cocaine at least once in their life	2.1% (1.6% - 2.6%)	27.3%	72.7%
Have sniffed glue, aerosols, paints to get high at least once in their life	4.7% (4.1% - 5.5%)	46.0%	54.0%
Have used heroin at least once in their life	1.2% (0.9% - 1.7%)	21.7%	78.3%
Have used methamphetamines at least once in their life	1.5% (1.2% - 2.0%)	22.2%	77.8%
Have used ecstasy at least once in their life	2.3% (1.8% - 1.6%)	30.1%	69.9%
Have taken non-prescribed pain medication or misused it at least once in their life	10.0% (9.3% - 11.3%)	57.6%	42.4%
Sexual Behavior			
Have had sexual intercourse	28.0% (26.8% - 29.8%)	49.1%	50.9%
First had sexual intercourse before age 13 years old	3.8% (3.2% - 4.5%)	44.0%	56.0%
Had sex with 4 or more people in their life	5.7% (5.0% - 6.5%)	34.7%	65.3%
Had sex with at least one person in the past 3 months	19.0% (18.2% - 20.8%)	49.7%	50.3%

	Overall	% of Overa	l Who Are:
Questions	% (95% confidence interval)	Female (47.4%)	Male (51.4%)
Used alcohol or drugs the last time before sex	4.4% (3.7% - 5.1%)	41.4%	58.6%
Used a condom when they last had sex	16.0% (14.9% - 17.3%)	44.9%	55.1%
Did not use any method to prevent pregnancy when they last had sex	3.6% (3.0% - 4.3%)	48.4%	51.6%
Had sexual contact with both males and females	4.0% (3.4% - 4.7%)	77.9%	22.1%
Are non-heterosexual (LGBTQ+)	16.0% (15.1% - 17.5%)	74.5%	25.5%
Body Weight			
Self-describe as slightly or very overweight	35.0% (33.3% - 36.4%)	52.8%	47.2%
Not trying to do anything with their weight	19.0% (17.8% - 20.4%)	52.5%	47.5%
Dietary Behavior			
Did not drink 100% fruit juice in the past 7 days	37.0% (35.1% - 38.2%)	52.7%	47.3%
Did not eat fruit in the past 7 days	16.0% (14.4% - 16.7%)	45.4%	54.6%
Did not eat green salad in the past 7 days	49.0% (46.9% - 50.2%)	45.7%	54.3%
Did not eat potatoes in the past 7 days	38.0% (36.4% - 39.5%)	52.3%	47.7%
Did not eat carrots in the past 7 days	59.0% (57.8% - 61.0%)	49.0%	51.0%
Did not eat other vegetables in the past 7 days	26.0% (24.7% - 27.6%)	46.8%	53.2%
Drank a soda or pop at least once per day in the past 7 days	19.0% (17.8% - 20.3%)	42.1%	57.9%
Did not eat breakfast on at least 1 day in the past 7 days	26.0% (24.9% - 27.8%)	51.8%	48.2%
Physical Activity			
Were active for 60 minutes per day less than 5 days in the past 7 days	47.0% (45.0% - 48.3%)	52.8%	47.2%
Did not go Physical Education (PE) class in an average school week	77.0% (75.3% - 78.0%)	49.8%	50.2%
Did not play on any sports teams in the past 12 months	46.0% (44.8% - 48.0%)	48.2%	51.8%
Got a concussion from playing a sport or being active at least once in the past 12 months	15.0% (13.8% -16.0%)	41.4%	58.6%
Other Health Topics			
Have ever been tested for HIV	5.3% (4.6% - 6.0%)	52.4%	47.6%
Have been tested for a STD other than HIV in the last 12 months	4.5% (3.9% - 5.2%)	57.4%	42.6%
Uses social media more than once a day	78.0% (76.5% - 79.2%)	51.7%	48.3%

	Overall	% of Overall Who Are:		
Questions	% (95% confidence interval)	Female (47.4%)	Male (51.4%)	
Have not seen a dentist at least once in 12 months or more	36.0% (34.3% - 37.4%)	44.9%	55.1%	
Have talked to a parent, guardian, or other trusted adult about STDs	56.0% (54.4% - 57.6%)	53.4%	46.6%	
Get 4 hours or less of sleep on a school night	12.0% (11.1% - 13.2%)	45.5%	54.5%	
Miscellaneous				
At least sometimes went hungry because there wasn't enough food at home in the last 30 days	9.2% (8.3% - 10.2%)	52.1%	47.9%	
Self-describe their grades as mostly D's or worse in the past 12 months	4.5% (3.8% - 5.2%)	41.8%	48.2%	
Have gambled such as gambling on sports team, when playing cards or dice game, on the internet, lottery game or game of skill during the past 12 months	16.0% (14.5% - 16.9%)	25.7%	74.3%	
Slept somewhere else besides their parent/guardians, family member or friends house in the past 30 days	3.9% (3.3% - 4.6%)	34.6%	65.4%	
Did not have a usual place to sleep during the past 30 days	0.4% (0.3% - 0.7%)	20.0%	80.0%	
Have lived with a parent or guardian who was having a problem with alcohol or drug use	28.0% (26.9% - 29.8%)	53.8%	46.2%	
Rarely or never felt safe and secure in their neighborhood	12.0% (11.0% - 13.1%)	44.7%	55.3%	

	% of Overall Who Are: Race (overall %)						
Questions	Overall %	American Indian or Alaskan Native (1.6%)	Asian (0.7%)	Black or African American (10.7%)	Native Hawaiian or Other Pacific Islander (0.5%)	White (71.8%)	Multi-Race (10.7%)
Driving Habits							
Rarely or never wore a seat belt when riding a car driven by someone else	7.7%	1.4%	0.7%	14.6%	0.3%	69.3%	13.6%
Rode in a car driven by someone who had been drinking alcohol, at least once in the past 30 days	14.0%	2.1%	0.2%	13.9%	1.1%	67.0%	15.6%
Texted or emailed while driving at least 1 day in the past 30 days	12.0%	0.9%	0.7%	8.5%	0.9%	76.0%	13.0%
Drove a car after they had been drinking alcohol at least 1 time in the past 30 days	2.5%*	4.5%	1.1%	20.2%	2.2%	51.7%	20.2%
Violence and Weapon Carrying							
Carried a weapon (gun, knife, club) at least 1 day in the past 30 days on school property	2.8%*	1.9%	0.9%	19.8%	1.9%	53.8%	21.7%
Ever seen someone get physically attacked, beaten, stabbed or in their neighborhood	26.0%	2.2%	0.6%	16.1%	0.3%	63.5%	17.2%
Threatened or injured with a weapon on school property at least once in the past 12 months	6.9%	1.6%	0.8%	11.0%	0.8%	65.5%	20.4%
Carried a gun at least 1 day in the past 12 months	4.0%*	1.4%	1.4%	19.2%	1.4%	55.5%	21.2%
Did not go to school because they felt unsafe at least 1 day in the past 30 days	7.1%	1.6%	0.4%	14.4%	0.4%	70.0%	13.2%
Involved in a physical fight at least once in the past 12 months	19.0%	2.2%	0.4%	14.1%	0.6%	64.8%	17.9%
Involved in a physical fight on school property at least once in the past 12 months	6.6%	3.3%	0.4%	17.2%	0.8%	56.5%	21.8%
Throughout life has at least sometimes been hit, beaten, kicked or physically hurt by an adult in the home	11.0%	2.4%	1.3%	14.7%	1.0%	62.6%	18.1%

^{*}Overall% is less than 5%, so the race breakdown might be skewed higher for some races due to the small sample size.

	% of Overall Who Are: Race (overall %)						
Questions	Overall %	American Indian or Alaskan Native (1.6%)	Asian (0.7%)	Black or African American (10.7%)	Native Hawaiian or Other Pacific Islander (0.5%)	White (71.8%)	Multi-Race (10.7%)
Are able to get a loaded gun without a parent or adult's permission and be ready to fire within 10 minutes	25.0%	1.2%	0.5%	7.0%	0.5%	79.9%	10.9%
Sexual Violence							
Forced by anyone into doing sexual things at least once in the past 12 months	9.4%	2.1%	0.9%	9.7%	0.6%	70.7%	16.1%
Forced into having sexual intercourse	9.6%	2.0%	0.9%	8.9%	0.6%	71.4%	16.3%
Forced into doing sexual things by someone they were dating at least once in the past 12 months	7.2%	1.2%	1.5%	8.1%	0.8%	71.4%	17.0%
Physically hurt by someone they were dating at least once in the past 12 months	5.7%	3.3%	1.4%	13.8%	1.4%	60.5%	19.5%
Bullying							
Bullied on school property in the past 12 months	21.0%	1.1%	0.5%	7.5%	0.6%	77.2%	13.0%
Electronically bullied in the past 12 months	17.0%	1.6%	0.8%	6.7%	0.3%	78.3%	12.3%
Have ever felt treated unfairly in school because of race or ethnicity	25.0%	2.6%	1.7%	21.5%	0.8%	51.3%	22.1%
Depression, Suicide and Mental Health				·			
Seriously considered attempting suicide in the past 12 months	18.0%	1.6%	0.8%	8.7%	15.8%	0.5%	72.7%
Made a plan to attempt suicide in the past 12 months	13.0%	1.5%	1.1%	9.7%	0.6%	71.0%	16.2%
Attempted suicide at least once in the past 12 months	7.0%	2.0%	1.6%	10.5%	0.4%	20.3%	65.2%
Had to be treated after a suicide attempt in the past 12 months	2.3%*	1.3%	1.3%	16.7%	0.0%	64.1%	16.7%

^{*}Overall % is less than 5%, so the race breakdown might be skewed higher for some races due to the small sample size.

			erall %)				
Questions	Overall %	American Indian or Alaskan Native (1.6%)	Asian (0.7%)	Black or African American (10.7%)	Native Hawaiian or Other Pacific Islander (0.5%)	White (71.8%)	Multi-Race (10.7%)
Felt sad or hopeless for two weeks or more in a row in the past 12 months	36.0%	1.8%	0.5%	9.8%	0.5%	74.0%	13.4%
Rarely or never had a caring adult to go to about their feelings	42.0%	1.8%	1.0%	13.7%	0.8%	69.8%	12.8%
Hurt themselves without wanting to kill themselves at least once in the past 12 months	19.0%	1.6%	0.9%	9.0%	0.4%	73.9%	14.2%
Mental health was often not good at least most of the time during the past 30 days	27.0%	1.7%	0.5%	9.0%	0.4%	76.3%	12.0%
Tobacco and Electronic Vapor Products							
Tried smoking a cigarette	16.0%	1.4%	0.5%	7.0%	0.5%	75.9%	14.7%
Smoked a cigarette before age 13 years old	7.9%	1.4%	1.0%	8.3%	0.3%	74.7%	14.2%
Smoked cigarettes at least 1 day in the past 30 days	3.0%*	1.8%	0.9%	9.8%	1.8%	65.2%	20.5%
Smoked cigarettes on at least 20 days in the past 30 days	2.0%*	1.4%	1.4%	11.1%	1.4%	61.1%	23.6%
Smoked more than 10 cigarettes per day in the past 30 days	0.6%*	0.0%	4.8%	19.0%	0.0%	57.1%	19.0%
Tried an electronic vapor product	28.0%	1.8%	0.4%	9.0%	0.5%	75.5%	12.8%
Smoked an electronic vapor product at least once in the past 30 days	13.0%	2.1%	0.6%	8.8%	0.6%	73.1%	14.8%
Smoked an electronic vapor product 20 or more days in the past 30 days	5.9%	2.3%	0.9%	6.5%	1.4%	73.1%	15.7%
Got their electronic vapor products from a store (a vape shop, gas station, etc.) in the past 30 days	2.9%*	3.2%	1.6%	11.3%	0.0%	55.6%	16.1%

^{*}Overall % is less than 5%, so the race breakdown might be skewed higher for some races due to the small sample size.

		% of Overall Who Are: Race (overall %)					
Questions	Overall %	American Indian or Alaskan Native (1.6%)	Asian (0.7%)	Black or African American (10.7%)	Native Hawaiian or Other Pacific Islander (0.5%)	White (71.8%)	Multi-Race (10.7%)
Used electronic vapor products because they were feeling anxious, stressed, or depressed	7.9%	1.7%	0.3%	6.5%	0.3%	76.0%	13.3%
Used chewing tobacco, snuff, snus, etc. 1 day or more in the past 30 days	2.4%*	1.1%	1.1%	14.6%	3.4%	62.9%	16.9%
Smoked cigars, cigarillos, or little cigars on 1 day or more in the past 30 days	4.4%*	1.2%	0.6%	15.2%	1.8%	61.2%	20.0%
Tried to quit using all tobacco products in the past 12 months	22.0%	2.5%	0.1%	11.5%	0.4%	73.2%	12.3%
Alcohol							
Had at least one drink of alcohol 1 day or more in their life	39.0%	1.7%	0.4%	8.8%	0.7%	76.4%	12.0%
Had their first drink of alcohol before age 13 years old	15.0%	2.1%	0.4%	10.7%	0.9%	72.0%	13.9%
Had at least one drink of alcohol on at least 1 day in the past 30 days	15.0%	1.9%	0.4%	6.7%	1.0%	74.8%	15.2%
Usually got their alcohol from someone else in the past 30 days	6.0%	1.9%	0.0%	7.0%	0.9%	74.9%	15.3%
Had 5 drinks or more in row in the past 30 days	5.8%	2.0%	0.5%	4.9%	2.0%	71.7%	19.0%
Had 4 drinks or more (female) or 5 drinks or more (male) on at least 1 day in the past 30 days	8.1%	2.5%	0.4%	7.4%	1.1%	70.4%	18.3%
Marijuana							
Had used marijuana at least once in their life	24.0%	1.6%	0.2%	11.0%	0.6%	70.9%	15.6%
Tried marijuana for the first time before age 13 years old	2.1%*	2.4%	0.0%	12.9%	0.8%	62.9%	21.0%
Used marijuana at least once in the past 30 days	13.0%	1.5%	0.2%	11.4%	0.8%	69.5%	16.5%

^{*}Overall% is less than 5%, so the race breakdown might be skewed higher for some races due to the small sample size.

		% of Overall Who Are: Race (overall %)							
Questions	Overall %	American Indian or Alaskan Native (1.6%)	Asian (0.7%)	Black or African American (10.7%)	Native Hawaiian or Other Pacific Islander (0.5%)	White (71.8%)	Multi-Race (10.7%)		
Drugs				1					
Used a needle to inject an illegal drug at least once	1.2%*	0.0%	2.3%	27.9%	4.7%	41.9%	23.3%		
Have used any form of cocaine at least once in their life	2.1%*	0.0%	1.4%	16.2%	1.4%	56.8%	24.3%		
Have sniffed glue, aerosols, paints to get high at least once in their life	4.7%*	0.6%	0.0%	9.3%	1.7%	66.3%	22.1%		
Have used heroin at least once in their life	1.2%*	0.0%	0.0%	25.0%	4.5%	43.2%	27.3%		
Have used methamphetamines at least once in their life	1.5%*	1.8%	1.8%	23.6%	3.6%	41.8%	27.3%		
Have used ecstasy at least once in their life	2.3%*	0.0%	1.2%	14.6%	2.4%	51.2%	30.5%		
Have taken non-prescribed pain medication or misused it at least once in their life	10.0%	2.4%	0.8%	11.1%	0.5%	69.3%	15.8%		
Sexual Behavior									
Have had sexual intercourse	28.0%	1.7%	0.7%	10.7%	0.5%	73.6%	12.9%		
First had sexual intercourse before age 13 years old	3.8%*	0.0%	2.2%	13.4%	0.7%	65.7%	17.9%		
Had sex with 4 or more people in their life	5.7%	2.0%	1.5%	12.3%	1.5%	65.2%	17.6%		
Had sex with at least one person in the past 3 months	19.0%	1.3%	0.6%	10.1%	0.6%	74.8%	12.6%		
Used alcohol or drugs the last time before sex	4.4%*	2.6%	2.0%	9.3%	1.3%	59.6%	25.2%		
Used a condom when they last had sex	16.0%	1.6%	0.9%	9.7%	0.4%	77.0%	10.4%		
Did not use any method to prevent pregnancy when they last had sex	3.6%*	2.3%	0.0%	15.5%	0.0%	64.3%	17.8%		
Had sexual contact with both males and females	4.0%*	2.1%	0.0%	7.7%	0.0%	72.5%	17.6%		

^{*}Overall % is less than 5%, so the race breakdown might be skewed higher for some races due to the small sample size.

		% of Overall Who Are: Race (overall %)							
Questions	Overall %	American Indian or Alaskan Native (1.6%)	Asian (0.7%)	Black or African American (10.7%)	Native Hawaiian or Other Pacific Islander (0.5%)	White (71.8%)	Multi-Race (10.7%)		
Are non-heterosexual (LGBTQ+)	16.0%	1.5%	0.7%	7.7%	0.2%	77.4%	12.5%		
Body Weight									
Self-describe as slightly or very overweight	35.0%	1.9%	0.6%	10.3%	0.6%	75.7%	11.1%		
Not trying to do anything with their weight	19.0%	1.2%	0.7%	8.3%	0.4%	80.7%	8.7%		
Dietary Behavior									
Did not drink 100% fruit juice in the past 7 days	37.0%	0.8%	0.4%	9.1%	0.6%	80.3%	8.9%		
Did not eat fruit in the past 7 days	16.0%	1.1%	0.5%	13.7%	0.7%	70.8%	13.3%		
Did not eat green salad in the past 7 days	49.0%	1.7%	0.6%	11.6%	0.4%	74.1%	11.6%		
Did not eat potatoes in the past 7 days	38.0%	1.4%	0.9%	11.6%	0.4%	74.4%	11.3%		
Did not eat carrots in the past 7 days	59.0%	1.4%	0.5%	11.8%	0.7%	74.1%	11.6%		
Did not eat other vegetables in the past 7 days	26.0%	1.4%	0.3%	12.8%	0.7%	73.2%	11.5%		
Drank a soda or pop at least once per day in the past 7 days	19.0%	1.2%	0.4%	9.4%	0.6%	77.2%	11.2%		
Did not eat breakfast on at least 1 day in the past 7 days	26.0%	0.6%	0.5%	11.7%	0.8%	73.6%	12.7%		
Physical Activity	Physical Activity								
Were active for 60 minutes per day less than 5 days in the past 7 days	47.0%	2.0%	0.8%	13.7%	0.7%	71.7%	11.1%		
Did not go Physical Education (PE) class in an average school week	77.0%	1.2%	0.7%	9.7%	0.5%	76.7%	11.1%		
Did not play on any sports teams in the past 12 months	46.0%	2.1%	0.7%	12.0%	0.7%	72.8%	11.7%		

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		% of Overall Who Are: Race (overall %)					
Questions	Overall %	American Indian or Alaskan Native (1.6%)	Asian (0.7%)	Black or African American (10.7%)	Native Hawaiian or Other Pacific Islander (0.5%)	White (71.8%)	Multi-Race (10.7%)
Got a concussion from playing a sport or being active at least once in the past 12 months	15.0%	1.7%	0.7%	16.1%	0.6%	68.2%	12.8%
Other Health Topics							
Have ever been tested for HIV	5.3%	2.1%	1.6%	15.3%	1.1%	64.6%	15.3%
Have been tested for a STD other than HIV in the past 12 months	4.5%*	0.6%	1.2%	14.1%	1.8%	64.4%	17.8%
Uses social media more than once a day	78.0%	1.6%	0.7%	10.7%	0.4%	75.5%	11.2%
Have not seen a dentist at least once in 12 months or more	36.0%	2.5%	0.9%	15.5%	0.7%	67.6%	12.8%
Have talked to a parent, guardian, or other trusted adult about STDs	56.0%	1.3%	0.4%	10.0%	0.3%	75.8%	12.2%
Get 4 hours or less of sleep on a school night	12.0%	2.1%	0.5%	15.8%	0.5%	67.2%	14.0%
Miscellaneous							
At least sometimes went hungry because there wasn't enough food at home in the last 30 days	9.2%	2.8%	0.9%	14.4%	0.6%	66.1%	15.3%
Self-describe their grades as mostly D's or worse in the past 12 months	4.5%*	3.1%	0.6%	13.1%	0.0%	73.1%	10.0%
Slept somewhere else besides their parent/guardians, family member or friends house in the past 30 days	0.4%*	2.9%	2.9%	20.7%	0.7%	55.7%	17.1%
Did not have a usual place to sleep during the past 30 days	3.9%*	0.0%	0.0%	26.7%	0.0%	60.0%	13.3%

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		% of Overall Who Are: Race (overall %)						
Questions	Overall %	American Indian or Alaskan Native (1.6%)	Asian (0.7%)	Black or African American (10.7%)	Native Hawaiian or Other Pacific Islander (0.5%)	White (71.8%)	Multi-Race (10.7%)	
Have gambled such as gambling on sports team, when playing cards or dice game, on the internet, lottery game or game of skill during the past 12 months	16.0%	2.2%	1.1%	10.4%	0.4%	70.7%	15.3%	
Have lived with a parent or guardian who was having a problem with alcohol or drug use	28.0%	2.2%	0.7%	8.2%	0.5%	74.7%	13.7%	
Rarely or never felt safe and secure in their neighborhood	12.0%	2.1%	0.7%	19.4%	0.9%	62.6%	14.3%	

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Appendix I: Weight Category Definitions

Weight categories are defined by BMI percentiles.

To see the CDC weight category definitions for children and adolescents, please visit the CDC website at: https://www.cdc.gov/growthcharts/clinical_charts.htm

Record of Change

Version	Changes Made	Date	Name	
1	YRBS Data analyzed and report created	4/5/24	Helaina LeCaptain	
1.1	YRBS Report edits made	5/23/24	Helaina LeCaptain	