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Clark County Combined Health District- Health Advisory
Transition: Contact Tracing and Case Investigation Related to COVID-19
January 31, 2022

Purpose: Communicate a change in Ohio regarding contact tracing and disease investigation for COVID-19.

The Change: Positive COVID cases in high-risk settings, such as congregate residential setting should still be reported, investigated and contact traced to be sure adequate isolation, quarantine and case identification occur. However, universal contact tracing and case investigation on individual community cases is no longer recommended, unless the case is part of an outbreak or cluster of cases.

It is still expected that Confirmed and Probable cases are to be reported to the local or state health department within 24 hours, as a Class A reportable disease

Reason for Change: As the COVID-19 situation and response has evolved, public health mitigation strategies have been adjusted periodically to address new challenges. The quick spread of the Omicron variant and its rapid clinical course have made universal contact tracing, case investigation and exposure notification impractical when combined with the newly reduced timelines for quarantine and isolation.

For Healthcare Providers:

1. Continue to report Confirmed or Probable cases of COVID-19 to Clark County Combined Health District (CCCHD)
 - a. Reports can be faxed to (937) 390-5626; Reportable condition form can be found: https://odh.ohio.gov/wps/wcm/connect/gov/8a5539e9-f823-480d-a2c7-a30e80c33d62/form-confidential-reportable-disease.pdf?MOD=AJPERES&CONVERT_TO=url&CACHEID=ROOTWORKSPACE.Z18_M1HGGIK0N0JO00Q_O9DDDDM3000-8a5539e9-f823-480d-a2c7-a30e80c33d62-mR0PC0i
2. For patients who test positive for COVID, assist them by counseling on length of isolation; instruct on notification of contacts and recommended quarantine for those contacts who are exposed but not yet sick (<https://coronavirus.ohio.gov/static/docs/covid-19-guidance-quarantine.pdf>).
3. Notify CCCHD if you observe evidence of a cluster or outbreak of cases. (937) 390-5600, ask for CD team.
4. Assist patients to locate COVID-19 testing opportunities when they are symptomatic
5. Assist patients to consider COVID vaccination through referral, counsel, or providing COVID vaccine; vaccination continues to reduce deaths and hospitalization due to COVID

For Long-Term Cares:

1. Continue to report Confirmed or Probable cases of COVID-19 to CCCHD.
2. Continue to conduct contact tracing and place exposed residents in quarantine: [Interim Infection Prevention and Control Recommendations to Prevent SARS-CoV-2 Spread in Nursing Homes | CDC](#)
3. Staff should continue to follow guidance for returning to work based on the staffing status of the facility: https://www.cdc.gov/coronavirus/2019-ncov/images/hcp/328856-A_Quarantineisolation-by-contingency-in-HCP-v5.jpg?_=86883?noicon

For the Public:

1. Be aware of symptoms of COVID-19; stay home when sick; get tested if symptoms continue
2. When positive, follow isolation guidelines to limit passing the virus to others
3. When positive, notify contacts
4. Consider vaccination; stay up to date on recommendations

Attachments

1. ODH Flowcharts: What to do if you have COVID-19; What to do if you have been exposed to COVID-19



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If you are receiving this health advisory via fax, please visit the CCCHD website to view a digital copy with clickable links. In the future, if you wish receive health alerts electronically, please contact asauter@ccchd.com.

Alert Details

From: Clark County Combined Health District **Time Sensitivity:** Urgent **Relevance to Public Health:** High
To: Medical offices, Urgent Cares, Clinics, Hospitals, Laboratories and ICPs
Target Audience: Physicians, PA, NP, Nurses, Medical Staff, ICP staff, and Laboratorians

WHAT TO DO IF YOU HAVE COVID-19

Regardless of Symptoms or Vaccination Status

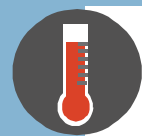


- Stay home for the next five days regardless of symptoms or vaccination status.



- Stay away from other people as much as possible (including those in your own household).

- If you can't stay away from other people, wear a three-layer (or better) mask.



- Do you have a fever or other symptoms that haven't started to get better on day six?



YES



- Stay home until your fever is gone and other symptoms are better.



- Wear a mask for the next five days.



NO



- Resume activities with a mask.
- Wear a mask for the next five days.

If you are having symptoms of COVID-19 and waiting for your test results, stay home until you get your results.

WHAT TO DO IF YOU WERE EXPOSED TO SOMEONE WHO HAS COVID-19**

And Your COVID-19 Vaccines Are Up to Date

- If you received a booster dose of any COVID-19 vaccine.

or

- If you completed the primary series* of Pfizer or Moderna vaccine less than five months ago.

or

- If you completed the primary series* of Johnson & Johnson vaccine less than two months ago.



For
10
days

- Wear a mask around others for 10 days after your last exposure.
- Test on day five.
- If you develop symptoms or test positive, stay home.

If you tested positive for COVID-19 in the 90 days before your exposure.

- Wear a mask around others for 10 days.
- If you develop symptoms, get tested and stay home.

WHAT TO DO IF YOU WERE EXPOSED TO SOMEONE WHO HAS COVID-19**

And You are Unvaccinated or Your Vaccines **Are Not** Up to Date

- If you are unvaccinated or only received one dose of Pfizer or Moderna.

or

- If you completed the primary series* of Pfizer or Moderna vaccine more than five months ago.

or

- If you completed the primary series* of Johnson & Johnson vaccine more than two months ago and no booster.



For
5
days

- Stay home for five days after your last exposure, then wear a mask around others for the next five days.
- Test on day five.
- If you develop symptoms or test positive, stay home.

*A primary series consists of one dose of Johnson & Johnson vaccine; or two doses of Moderna or Pfizer vaccine; or three doses of Moderna or Pfizer vaccine if you received an additional dose because you are immunocompromised.

Thank you to Clark County Combined Health District for sharing its graphic with the Ohio Department of Health.